



We are proud to announce our 6th year of operation and our 2nd year offering services at the Lake Claire Pool in the Lake Claire Neighborhood in Atlanta Georgia. We are looking forward to another exciting year and we hope that you will join our awesome program. If you're looking for smaller training groups, more individual attention, and the finest coaching in Georgia, The Metro Atlanta Club is for you. We have something for every skill level, from beginners taking swim lessons to Olympic Trial Qualifiers.

**FALL REGISTRATION IS OPEN!!!**

**Programs Offered:**

- Youth Swim Lessons - Adult Swim Lessons - PreCompetitive Swim Team - Competitive Swim Team - Masters Swimming
- Lake Claire Winter Membership -- MAAC Olympic Swim Clinics Series

**MAAC Competitive and PreCompetitive Swim Team**

The Metro Atlanta Aquatic Club is unique club in that we truly coach every swimmer. Our coach to swimmer ratios are between 1:6 and 1:8. We offer a student centered program focused on technique and developing a love for the sport.

**MAAC Competitive Team Practice Schedule:**

We have made some changes to our practice schedule to provide more training options for busy families.

**[MAAC Competitive Practice Schedule \(Click Here\)](#)**

## **MAAC PreCompetitive Program**

We have space for everyone. Our PreComp program is perfect for the swimmer transitioning from lessons or summer league, looking to learn and improve all for competitive swimming strokes. PreComp I: Free and Back/PreComp II: Fly and Breast. Technique is everything at this age. We find a way to keep it fun and teach proper technique.

### **MAAC PreCompetitive Practice Schedule:**

We have made some changes to our practice schedule to provided more training options for busy families.

**[PreCompetitive Practice Schedule \(Click Here\)](#)**

**Placement Trials For The Competitive and PreCompetitive Swim Programs:**

**<https://www.signupgenius.com/go/30e0d44adab2ba4f58-fall>**

**[Our First Practice is Monday, August 27, 2018](#)**

## **MAAC Swim School**

The Metro Atlanta Aquatic Club, Atlanta's Premier competitive swim team is proud to announce the opening of The Metro Atlanta Swim School!!! Now, The Metro Atlanta Swim School can offer swim instruction for everyone, Lessons are being offered at The Lake Claire Pool, minutes from downtown Decatur!!!

The Metro Atlanta Swim School now offers lessons for everyone, from beginner swimmers for adults and children to triathletes looking to improve technique. Our knowledgable staff has over 30 years of combined swim lessons experience, with a background rooted in water safety and competitive swimming. Instructor to student ratios are 1:3 - 1:4 for our youth stroke school.

**[For More Info \(Click Here\):](#)**

**Placement Trials For Fall Swim Lessons Programs:**

**<https://www.signupgenius.com/go/30e0d44adab2ba4f58-maac>**

Visit us online at **[www.maacswim.com](http://www.maacswim.com)**

or

**Facebook:** **<https://www.facebook.com/The-Metro-Atlanta-Aquatic-Club-LLC-1669927639905235/>**

**Instagram:** **[maacswim](#)**

For more information, call 404.548.7011 or email Coach Mike Norment at [mike@maac-swim.com](mailto:mike@maac-swim.com)